

SEPTEMBER 2018

PARKS, RECREATION & CULTURAL RESOURCE DEPARTMENT
NEWSLETTER



For more info on classes
& events OR
to REGISTER ONLINE
go to
www.matthewsfun.com

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September Classes, Programs and Events

In the upcoming pages, we list out all of our programs, classes and events coming up in September.

If you would like more information, please visit our website or reach out to us via phone or email!



Check out all of our Fall programs at
www.matthewsfun.com

Town of
Matthews
Parks, Recreation &
Cultural Resource

Family Fun Night Returns!

Family Fun Night returns to Crews on Friday, October 5th from 6pm-9pm. These Fun Nights take place on the first Friday of every month through March 1. These events are FREE and include fun, family activities and food!

Highlights of upcoming programs offered at Crews Recreation Center

Gym Floor Upgrade

In an effort to improve the playing surface within the gym, we are planning on completely replacing the gym floor. Tentatively the project is scheduled to begin Monday, August 20th and will take approximately 6 weeks to complete. Therefore, all recreation and athletic activities (including Open Gym Basketball, Open Play Badminton/Pickleball) in the gym will not be offered during that time frame. We expect to re-open the gym on Monday, October 1st. Thank you in advance for your patience!



Are you looking for a family fun themed activity to do with the kiddos? Look no further! Treat the family to a night out playing classic gym games, mini golf, karaoke or laser tag. All activities, entertainment, food and drinks are FREE!!!

6:00PM
TO
9:00PM

CREWS RECREATION CENTER
1201 CREWS RD. MATTHEWS, NC 28105

- ★ **OCTOBER 5, 2018 - GAME TRUCK NIGHT**
- ★ **NOVEMBER 2, 2018 - GLOW IN THE DARK DODGEBALL NIGHT**
- ★ **DECEMBER 7, 2018 - MOVIE NIGHT WITH SANTA** (Disney's A Christmas Carol)
- ★ **JANUARY 4, 2019 - KARAOKE NIGHT**
- ★ **FEBRUARY 1, 2019 - MINI GOLF NIGHT**
- ★ **MARCH 1, 2019 - INDOOR LASERTAG NIGHT**

FOR MORE INFORMATION CONTACT US AT: (704) 708-1289 OR EMAIL CSMITH@MATTHEWSNC.GOV

Town of
Matthews
Parks, Recreation &
Cultural Resource



Crews Recreation Center

1201 Crews Road—Behind the Matthews Police Department
For more information on Crews Center activities, call (704) 708-1287

Open Gym Sports return at the beginning of October

Due to gym floor repairs, Date Night Drop-Off will not be offered in September. This program returns on **Friday, October 12, 5pm-9pm**. Children ages 6-13 are invited to come out and participate in a variety of different games and activities. Pizza and refreshments will be served. Cost is \$10/child and \$5/each additional child.

Date Night Drop-Off

Dance Fit

Dance Fit incorporates toning and cardio into a 60-75 minute playlist, but music ranges from pop to hip hop, Latin, dancehall, oldies and more! Dance with Vanessa on **Tuesdays, 6:45pm-8pm and Saturdays 10:30am-11:30am**. Visit www.dancefitvanessa.com for more info!



Dance It Up

Join us for dance-inspired fitness class that will leave you sweating and smiling. Every class is different, from the toning and cardio moves to the anything-goes playlist; you'll never have the same class twice! **Mondays 7pm-8pm**. Visit www.danceitupclt.com for more info!

Introduction to Fencing Class

Come try out the Olympic sport of Fencing! Fencing teaches independence, coordination, mental toughness and sportsmanship. Students will learn footwork, basic blade work, and some tactics involved in this fast-paced sport. They will then learn to bout with each other to try out their new skills. Students should wear long pants, t-shirt and athletic-type shoes.

The 6-week program will take place **Mondays, 4pm-5pm starting October 22**.

Matthews Residents: \$85, Non-Residents: \$90



Beginner Fencing Program

Mondays 5pm-6pm, Thursdays 4pm-5pm

Learn footwork, blade work and more!

Equipment is provided. Email info@charlottefencing.com for more info!

American Elite Karate

Thursdays 5:45pm-8:30pm for children of all ages. \$7/week and a \$10 first time registration which includes a tshirt.

Visit www.americanelitemartialarts.com for more info!



Matthews Alive Art Demos



During Matthews Alive, take a break from the heat and check out our art demos that will be going on downstairs in the studio space at the McDowell Arts Center!!

There will be pottery demos, painting, arts and crafts, KidzArt and Abrakadoodle!

Saturday, Sept. 1: 11am-6:30pm; Sunday, Sept. 2: 12pm-7pm, Monday, Sept. 3: 9am-4pm

Alla Prima Portrait Workshop with Robin Wellner

For Intermediate to Advanced Artists

October 5, 6, and 7

10am-5pm

\$450 (includes model fee)

One of the things these portraits have in common is that they were all painted with just 4 colors - white, yellow ochre, red and black. Using the Zorn Palette will give you freedom and versatility and allow you to concentrate on some of the other aspects of portrait work.

The workshop begins each morning with a demo and instruction. After lunch, you will have the opportunity to paint a live model. Instruction will include values, color, painting shapes rather than lines, specifics on painting features, and measuring for an accurate likeness.

As an artist, Robin Wellner specializes in portrait and figure work, as well as plein air and landscapes. Her portraits have been featured in several national shows, such as, American Women Artists, Oil Painters of America, Richeson Portrait and Figure shows.

Highlights of upcoming programs offered at McDowell Arts Center



McDowell Arts Center

123 McDowell Street — Adjacent to Matthews Community Center

For more information, call (704) 847-9746



Gallery Display

The display in the gallery rotates every month. September's show will be the Matthews Alive! Show by Matthews Artists Guild. The gallery is open to the public every day and is free to visit!!

Classes Taught by Bonita Somers

Alcohol Ink Class

All supplies provided for this introductory class; for ages 12 and up. Matthews Residents: \$20; Non-Residents: \$25

Sept. 5, 6pm-8pm

Brush Up! Paint Night

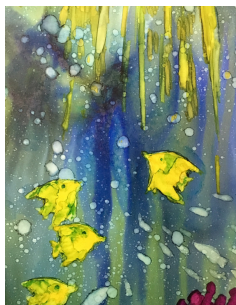
All supplies provided to create a 9x12 acrylic masterpiece! Step-by-step instruction for the beginner painter. For teens and adults, ages 12 and up.

Sept. 10, 6pm-8pm

Matthews Residents: \$20; Non-Residents: \$25

Create Your Own Paint Party!

Choose a time and your art project, then invite your friends to participate in a couple of hours of painting and socializing. All supplies and step by step instruction provided to create an alcohol ink project or a 9x12 acrylic painting. Minimum 4 people; schedule is limited to instructor availability. Matthews Residents: \$20; Non-Residents: \$25



Oil Painting Taught by Cynthia Howard

Demo and Hands-On Instruction

Beginners (\$75)

Mondays, Sept. 10-24, 9:30am-12:30pm

Intermediate (\$75)

Thursdays, Sept. 6-20, 9:30am-12:30pm

Advanced (\$60)

Mondays, Sept. 10-24, 1pm-4pm

Open studio: Sept. 27 (Thursday classes)

Classes Taught by Eileen Schwartz Art with Eileen

Art classes for adults with disabilities. Explore drawing, painting and mixed media.

Tuesdays: 12pm-3pm (\$55/\$60)

Fridays: 9am-1pm (\$65/\$70)

Healing Art

Seniors with memory or cognitive issues and caregivers welcome to this program. All supplies included. **Fridays, 1pm-2pm** (\$35/\$40 or Drop-in \$12)

Veterans Art Classes

FREE classes to thank you for your service! Explore various art techniques; all levels welcome!

Wednesdays, 12pm-3pm

Homeschool Classes

Clay-Focused

Wednesdays: 10am-11:30am

Thursdays: 2:45pm-4:15pm

Painting & Drawing

Thursdays: 1pm-2:30pm

Clay Classes with Arts Delivered

Girl Scout Workshops

One Saturday a month, Girl Scout troops can take a class, meeting the requirements for different badges!

Saturday, Sept. 29: 9:30am-10:15am

Clay coil pots

Adult Classes

Wednesdays, 6pm-8:15pm

All levels welcome!



KidzArt Saturday Classes

KidzArt is a unique, drawing-based art enrichment program that emphasizes confidence-building, problem solving skills and having fun! We teach kids to SEE like artists and DRAW what they see. Students learn how to overcome obstacles, master challenges and create powerful works of art.

Saturdays, Sept. 8-29, 10am-11am; Matthews Residents: \$80, Non-Residents: \$85



KidzArt School's Out Camp!



When school is out, KIDZART IS IN! Join our Halloween-themed camp where boys and ghouls will engage in fun and creative activities while exploring drawing, painting, sculpture and more! Each School's Out Camp features different art adventures.

Wednesday, October 31

9am-3pm

Matthews Residents: \$50; Non-Residents: \$55

Pre-camp care available from 8am-9am for \$7 per child.

Highlights of upcoming programs offered at the Matthews Community Center

Nutcracker Ballet Auditions

Saturday, Sept. 8

12pm-12:45pm: Ages 6-8

(must have at least 1 year ballet experience)

1pm-2pm: Ages 9-11

(must have at least 2 years of ballet experience)

2:15pm-3:15pm: Ages 12 & up (bring pointe shoes if on pointe)



Performance Dates & Times

Sat. Nov. 24: 2pm & 7pm

Sun. Nov. 25: 3pm

Sat. Dec. 1: 2pm & 7pm

Sun. Dec. 2: 3pm

Most of the parts will be double cast

Kripalu Yoga Classes

Gentle Yoga: Suitable for beginners, as well as experienced yogis who are seeking a more mindful practice, this Gentle class is taught in the popular Kripalu tradition. Poses and sequences are slower-paced and accessible to people with physical limitations.

Mondays, October 1-Nov. 19, 6pm-7:15pm

Matthews Residents: \$105, Non-Residents: \$115

Moderate Yoga: This class offers all the signature elements of a Kripalu class: breath and centering, spine & joint warm ups, and a deep relaxation at the end of class. In between, you can expect a practice which will focus on strengthening the body through longer holds, a more integrated and physical flow between postures, and a deeper dive into self-awareness. Some yoga experience would be helpful in this class.

Thursdays, Oct. 4 - Nov. 29; 6pm-7:15pm

Matthews Residents: \$105, Non-Residents: \$110. Register for Monday night's class and receive 50% off!

Matthews Community Center

100 McDowell Street — For more information, call (704) 321-7275

Kindermusik Classes: Music classes for caregiver and child; these classes are fantastic for early childhood development. 8 week sessions offered Sept. - Oct. and Nov.-Dec.

Cuddle & Bounce (ages 0-1): Fridays, 9:15am-10am

Sing & Play (ages 1-2): Thursdays, 10:15am-11am; Fridays, 11:15a-12pm

Wiggle & Grow (ages 2-3): Thursdays, 11:15am-12pm; Fridays 10:15am-11am

Session 1: Sept. 6-Oct. 26; Matthews Residents: \$145, Non-Residents: \$150.

Session 2: Nov. 1-Dec. 14; Matthews Residents: \$115; Non-Residents: \$120

SPECIAL: Sign up for both sessions at the same time and save \$20!

Active Parenting for Success: This is a series of classes to assist parents with the challenges and opportunities of parenting in today's society and helping prepare children for success. September 10 & 24: 7pm-8:30pm. Visit www.nowchoices-nh.com or call 980-339-7551 for more info!



Abrakadoodle Classes: The popular art education program is forming classes at Matthews! Kids explore, create and learn in action-packed classes filled with color, texture, shape and fun. In Abrakadoodle, children learn about and through art, all while having fun!

Twosy Doodlers (ages 20 mos-3yrs)

Wednesdays, 10am-10:45am

Mini Doodlers (ages 3-5)

Wednesdays, 11am-12pm

Wednesdays, 3:30pm-4:30pm

Afterschool Art (ages 6-11)

Wednesdays, 3:30pm-4:30pm

Session 1: September 5-26. Matthews Residents: \$40; Non-Residents: \$45

Session 2: October 3-24. Session 3: November 7-28. Session 4 (Holidays): December 5 & 12

Taught by Chris Robertson

Gentle Yoga

Gentle yoga practice suitable for beginners as well as yogis looking for a slower, more introspective practice. **Wednesdays, 9am-10:15am; Sept. 19-Nov. 7**

Matthews Residents: \$80, Non-Residents: \$85

Lunchtime Yoga

Approachable, lighthearted lunchtime yoga practice suitable for all levels. Take time for yourself! Join us in movement and breath, leave feeling refreshed for the day and week ahead of you. **Mondays, 12pm-1pm; Sept. 19-Nov. 7**
Matthews Residents: \$80, Non-Residents: \$85
Drop-In fee: \$12

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A

Taught by Linda Oelschlaeger

Bowspring Yoga

Put the curves back! Linda's Bowspring classes strengthen the muscles in the back side of the body to return the natural curves to the spine. Putting the spinal curves back allows dynamic freedom of movement and helps prevent pain that comes from losing these curves through daily life and aging. Tone your glutes and walk with more bounce in your step!

Tuesdays, Sept. 11-Oct. 30: 9:30am-11am

Wednesdays, Sept. 12-Oct. 31: 6pm-7:30pm

Thursdays, Sept. 13-Nov. 1: 9:30am-11am

Matthews Residents: \$80, Non-Residents: \$85;
Drop-in fee: \$12

Basket Weaving Classes

October 24, 6pm-9pm
Key Basket

Matthews Residents: \$30
Non-Residents: \$35

November 3, 9:30am-1:30pm
Wine Basket



Parks and Special Events

For more information about parks, call 704-708-1288

For more information about Special Events, call 704-708-1261

Matthews Alive
Great times leading good works!

Labor Day Weekend 2018
Aug. 31st - Sept. 3rd
26th annual festival will feature:

FRI. AUG 31st
6PM-10PM
Main Stage
Beach Night
Hip Pocket
6:30-8:00pm
The Tams
8:30pm-10:00pm
All-You-Can-Ride
Wristband Night
at
the Carnival!

SAT. SEPT 1st
9AM-9PM
Parade 10:30am
Kids' Connection,
Kids' Stage, Indoor
Exhibits &
Crafts open
Pop/Rock day on the
Main Stage
1:30pm-7pm
L.A. Vation
U2 Tribute
7:30pm-9pm

SUN. SEPT 2nd
12PM-9PM
Country rock & harmonies on the
Main Stage 1:30pm-7:00pm
Girl Power! An all-female country
lineup, including Gal Friday

MON. SEPT 3rd
9AM-5PM
Modern bluegrass on the main stage
11:30am-5pm

LABOR DAY WEEKEND FESTIVAL
PARADE • FOOD • AMUSEMENT RIDES • CARNIVAL GAMES
MUSIC • ARTS AND CRAFTS • MULTIPLE STAGES • KIDS ZONE

JAZZ JAM on the indoor stage Saturday, Sunday, Monday! Two Jazz/R&B performers each day!

Three Stages of Entertainment • Family Fun • Great Food • Rides & Games
Arts & Crafts • Carnival • Indoor Art Shows & Exhibits

100% of proceeds benefit Matthews Community Non-Profits! "Good Times Funding Good Works!"

Presenting Sponsor:

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Supporting Sponsor:

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Area Sponsors:

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107.9

Matthews Alive returns for its 26th year with an amazing music line up and spectacular activities! Check out www.matthewsalive.org for more info and schedule!

Harris Teeter
Neighborhood Food & Pharmacy PRESENTS

MATTHEWS
FOOD TRUCK FRIDAYS
& CONCERT SERIES

2nd & 4th
Fridays
April - Sept
5pm-9pm

Stumptown Park
180 S. Trade St.

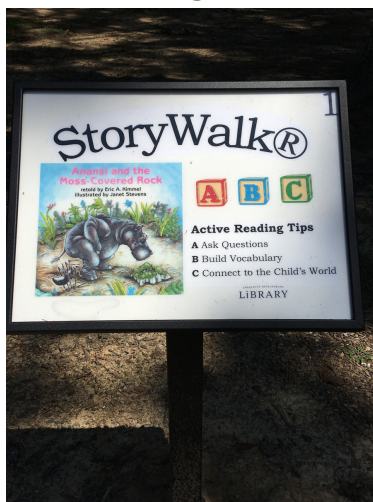
Food Truck Fridays and Concert Series wraps up this month! Last dates are Sept. 14 (Acoustic South--country music) & 28 (The Entertainers--beach/dance).

We hope to see you out there!

StoryWalk Kickoff Celebration

Thursday, Sept. 6, 10am
Squirrel Lake Park

StoryWalk was recently installed at Squirrel Lake Park thanks to a partnership with the Charlotte Mecklenburg Library. Come celebrate this fun feature with us!



The new disc golf signs at Squirrel Lake Park make finding your next tee pad or basket a breeze! These signs were created as part of an Eagle Scout project. If you're interested in completing a project with us, contact Scott Rawls at 704-708-1288.



TOWN OF MATTHEWS
PUMPKIN
Contest

WIN 2 GOLD SEASON PASSES TO CAROWINDS!

Carve, Decorate, or Paint Your Pumpkin

Drop your pumpkin off at 196-B S. Trade Street (office behind the Free Clinic) on October 25 & 26 from 9am-6pm. Judging will take place at the Not-So-Spooky Halloween event on October 27th. (We will not be taking pumpkins during the event)